

# ADH Faculty Guidance on LOW RISK mentally

- studies where permission of a gatekeeper is required (e.g. gatekeepers such as adult professionals working with children or the elderly)
- deceased persons, body parts or other human tissues including bodily fluids

### 3. Research Activity

- LOW RISK UG/PGT studies should involve straightforward, controlled procedures happening in the UK that are normally experienced in everyday life without causing any damage/harm to the researcher, participants and/or environment

LOW RISK studies for UG/PGT should NOT involve:

- inducing any psychological stress, anxiety or humiliation
- causing more than minimal pain
- intrusive interventions such as administration of substances, vigorous physical exercise, or hypnosis
- causing any health and safety issues for the researcher by, for example, international travel
- causing any environmental damage or harm
- deception
- research happening outside of the UK
- community-based participatory research (commonly led and undertaken by members of professionally groups/organisations themselves working alongside or in partnership with

